
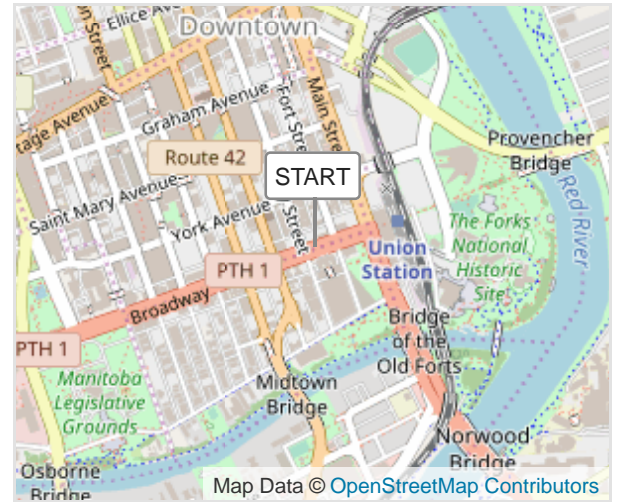


# CLAE 2019 Scientific Meeting Run Route (~5km)

## ROUTE INFORMATION



LENGTH 4.421 km  
ASCENT 59 m  
DESCENT 59 m  
HILLS  $\uparrow$  49.0% |  $\downarrow$  38.8% |  $\rightarrow$  12.2%  
TERRAIN Mixed   
START **LAT: 49.888204, LNG: -97.137318**



## NOTES

# CLAE 2019 Scientific Meeting Run Route (~5km)



## ROUTE DIRECTIONS

No	Km	Turn	Directions
1	0.000		Start on Broadway, PTH 1
2	0.418	↖	Keep left
3	0.641	↖	Turn sharp right
4	1.009	←	Turn left onto Assiniboine Avenue
5	1.104		Turn left onto Kennedy Street
6	1.123	←	Turn left onto Assiniboine Avenue
7	1.836	→	Keep right onto Assiniboine Avenue
8	1.925	→	Turn sharp left
9	1.932		Keep left
10	1.976	↖	Turn right
11	2.038	←	Turn left onto River Walk
12	2.804		Turn slight left
13	2.856	↗	Turn slight right
14	2.980	↗	Keep right
15	3.012		Turn slight right
16	3.158		Keep left
17	3.203		Turn slight right
18	3.252	←	Keep left
19	3.542	→	Turn right
20	3.569		Keep left
21	3.633	↖	Keep right
22	3.651	↖	Turn left
23	3.663	←	Turn left
24	3.693		Keep left
25	3.705	↗	Keep right
26	3.743	↖	Turn slight left
27	3.903	→	Turn right onto Fort Gibraltar Trail
28	3.903	→	Turn right onto Forks Market Road
29	4.116	→	Turn right
30	4.198	←	Turn left
31	4.211	↖	Turn left onto Main Street, PTH 1, Route 52
32	4.221	↗	Turn right onto Broadway
33	4.231		